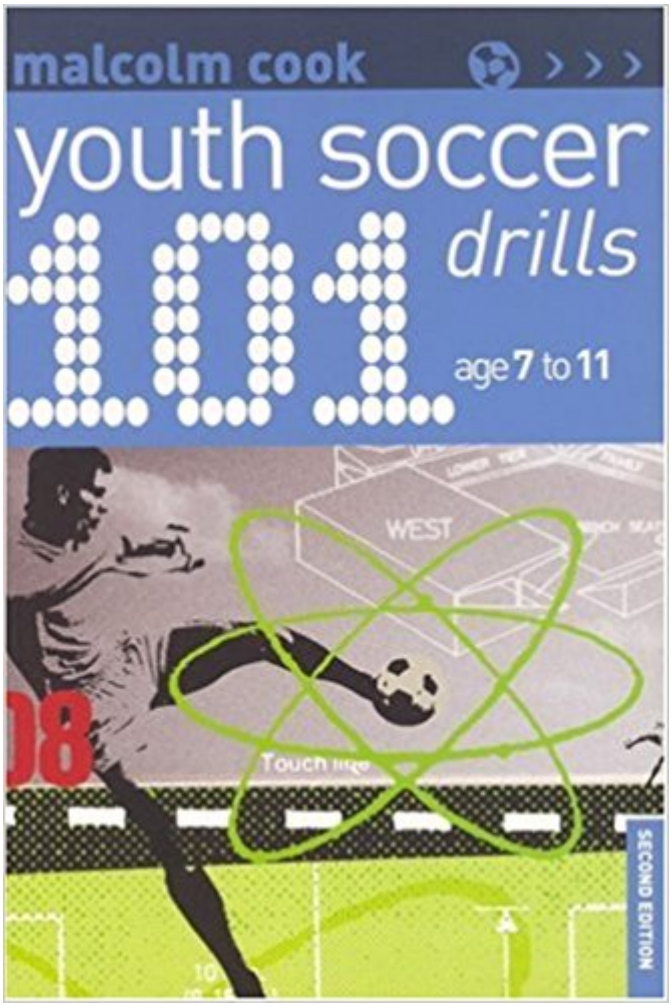
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101 Youth Soccer Drills : Age 7 To 11



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Synopsis

These two individual books are designed for specific age ranges; 7 to 11 and 12 to 16, and contain a wide range of progressive practice drills to help young players develop their skills. Fun, educational and challenging, all drills are illustrated and cover the essential technical skills including: warming up, dribbling and running with the ball, passing, shooting, heading, crossing, goalkeeping, and warming down. As well as easy-to-use instructions, each drill contains information on the equipment needed, the space required and how to organize the players.

Book Information

Paperback: 128 pages

Publisher: Reedswain; 2nd ed. edition (August 1, 1999)

Language: English

ISBN-10: 1890946222

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Product Dimensions: 6.4 x 0.3 x 9.1 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 4 customer reviews

Best Sellers Rank: #507,923 in Books (See Top 100 in Books) #54 inÃ Â Books > Sports & Outdoors > Coaching > Children's Sports #422 inÃ Â Books > Sports & Outdoors > Soccer

Customer Reviews

Malcolm Cook was for three years the Technical Director (Youth) at Liverpool FC and was responsible for revolutionising the club's youth scheme and assisting the early careers of established international stars such as Robbie Fowler, Steve McManaman and Dominic Matteo.
--This text refers to an out of print or unavailable edition of this title.

The book is great. It has a lot of the drills I will use in future practices.

Nice drills. I keep this handy for reference.

OK

This book provided me with some decent ideas/drills but I have to admit I was slightly disappointed with some of the content. For the novice/Rec coach, however, there is no doubt that this book will

be useful as they have some good ideas for beginners to follow.

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